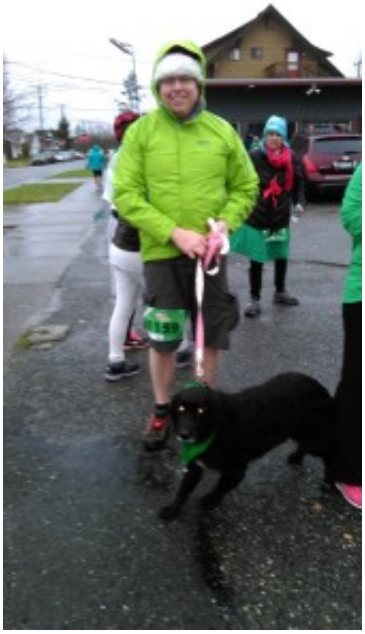
Jingle Bell Run - My second 5K run.

Today I participated in my second ever 5K race today, the Bellingham Jingle Bell Run. My running partner (Gypsy the black dog in the picture) accompanied me, and might have increased my speed at a couple of points due to her pulling on the leash. This was as event was a fund raiser for the Arthritis Foundation, which seemed like a good cause to donate to, and to get me out in the rain for a fun run.



This event actually encouraged people to bring their dogs, and dogs participating in the event even received a bandanna with a jingle bell on it.

I was part of a team organized by our local Yelp ambassador, and there was a fun Yelp event at the Old World Deli in Bellingham afterwards.

What a great day!